Rose and Castle Eatery

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theroseandcastle.co.uk
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Lunch Time Menu

Allergen Menu

This menu is available
Monday to Friday
12.00pm until 4.00pm
and is not available bank holidays
and over the Christmas period
This menu is not available in the
evenings or weekends

Our menu clearly states all allergens marked in (green) contains and (purple) may contain after the relevant food item it concerns, if you are still uncertain on any aspect of the menu please ask a member of staff when ordering

We use shared equipment in a busy environment some food items may not be suitable for those with severe allergens

We cook your food from fresh so please understand that during busy periods waiting time for food will increase

Monday, 13 July 2026

White roll wheat or
tortilla wrap wheat

Cod fish fingers three cod fish fingers fish wheat lettuce, tomato and tartar sauce mustard egg £7.95

Fresh carved ham butter cow's milk lettuce and tomato £5.95

Chicken and bacon Caesar strips of chicken, a slice of bacon, lettuce, Caesar dressing cow's milk egg and parmesan shavings cow's milk £6.95

Sausage wheat sulphur, melted blue stilton cheese cow's milk, raw red onion £6.95

Bacon, cranberry and melted brie melted brie cheese cow's milk, two slices of bacon and cranberry sauce £6.95

Mature cheddar cheese cow's milk, butter cow's milk lettuce and tomato £5.25

BLT three slices of bacon, lettuce, tomato and mayonnaise egg £5.95

Atlantic prawns, Atlantic prawns crustacean with Marie rose sauce egg lettuce, tomato £8.95

Skinny chips (skin on) £5.75
Chunky chips (skin on) £5.75
Sweet potato fries £6.95

Beer battered onion rings
cow's milk wheat barley mustard soya
Four £2.95 - **Eight** £5.50 - **Sixteen** £9.95

Jacket potatoes

A buttered cow's milk jacket potato served with a salad garnish and topped with the following

Cheese and beans baked beans topped with grated mature cheddar cheese cow's milk £7.95

Tuna and mayonnaise Flaked tuna fish and mayonnaise egg, topped with melted cheddar cheese cow's milk £8.95

Homemade beef chilli con carne and grated mature cheddar cheese cow's milk £8.95

Homemade beef bolognaise and grated mature cheddar cheese cow's milk £8.95

Atlantic prawns crustacean in marie rose sauce egg £9.95

Mains

Sausage and mash - three Cumberland sausages wheat sulphur served on a bed of mashed potato cow's milk and homemade gravy, served with garden peas
~~£17.95~~ £14.00

Spaghetti beef bolognaise - homemade beef bolognaise on a bed of spaghetti wheat and two slices of garlic bread wheat cow's milk
~~£18.95~~ £14.00

Hand carved ham and coleslaw - hand carved ham served with homemade coleslaw egg, salad garnish and chunky chips (skin on)
~~£18.95~~ £14.00

Homemade beef lasagne - sheets of egg pasta egg wheat layered with homemade beef bolognaise and white sauce cow's milk wheat topped with mature cheddar cheese cow's milk served with chunky chips (skin on)
~~£18.95~~ £14.00

Breaded whole tail scampi - crustacean wheat served with garden peas and chunky chips (skin on)
~~£18.95~~ £14.00

Homemade beef chilli con carne - served with rice and tortilla chips wheat
~~£18.95~~ £14.00

Cheddar burger - beef burger topped with melted mature cheddar cheese cow's milk served in a toasted bun wheat sesame with iceberg lettuce, fresh sliced tomato, a side of homemade coleslaw egg and chunky chips (skin on)
~~£17.95~~ £14.00

Vegetable burger - a 1/4lb breadcrumb coated vegetable burger wheat rye topped with sweet chilli sauce and melted brie cheese cow's milk served in a toasted bun wheat sesame with iceberg lettuce, fresh sliced tomato, homemade coleslaw egg, and chunky chips (skin on)
~~£18.95~~ £14.00

Full English breakfast
Two Cumberland sausages wheat sulphur three slices of bacon, tomato, mushroom, baked beans, one slice of black pudding wheat barley oats two fried eggs egg two hash browns, two slices of white toast wheat soya and butter cow's milk
~~£15.95~~ £14.00